

Preventive work in the school environment

THE 12TH NORDIC PUBLIC HEALTH
CONFERENCE - AALBORG 2017



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- Barnavårdsföreningen i Finland (BF) is Finland's oldest child protection organization, founded in 1893.
- We work for a better childhood, a stronger parenthood and a more child friendly society.



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BF in school – Preventive work in the school environment

- Children spend a large part of their everyday lives in school and therefore we want to be there and be a part of their school day.
- We support the social and emotional well-being of children and youth by working in schools.
- We also work for good cooperation between homes and schools.



“The learning process and motivation are governed by the pupils interests, values, working methods and feelings as well as experiences and perceptions about themselves as learning individuals. The pupil's self-image in combination with self-esteem and belief in their own ability affects the goals the students set for themselves.”

School Curricula 2016



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- The purpose is to strengthen the student's well-being in class and increase well-being in school for both students and teachers.
- Themes we work with:
 - Social skills
 - Group dynamics and cooperation
 - Respect
 - Feelings
 - Self-awareness and self-esteem



How do we work?

<https://www.youtube.com/watch?v=MmhTvTMFSMs>

<https://www.youtube.com/watch?v=7O6UcSizYig>



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**BF in school –
Preventive work in the school environment**

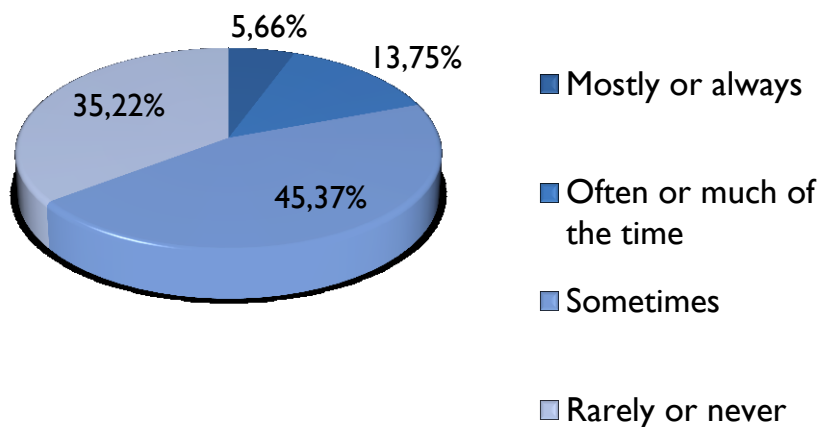


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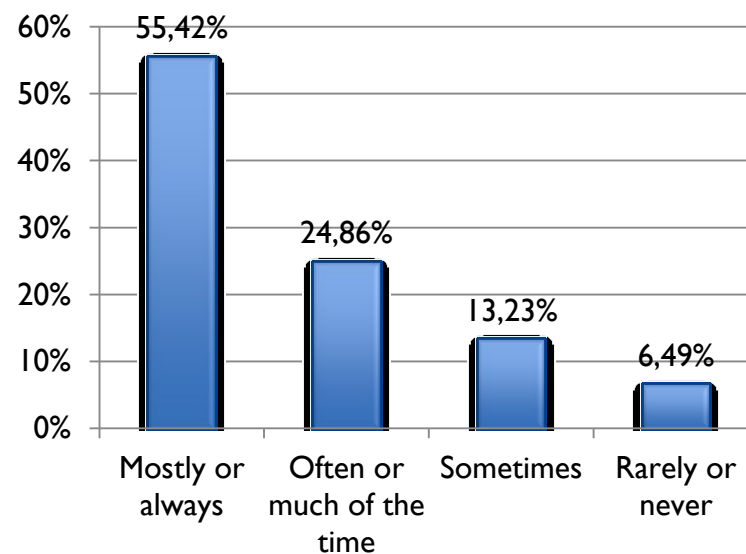
I think others are better than me



Every fifth has answered that they often or always think others are better than them.

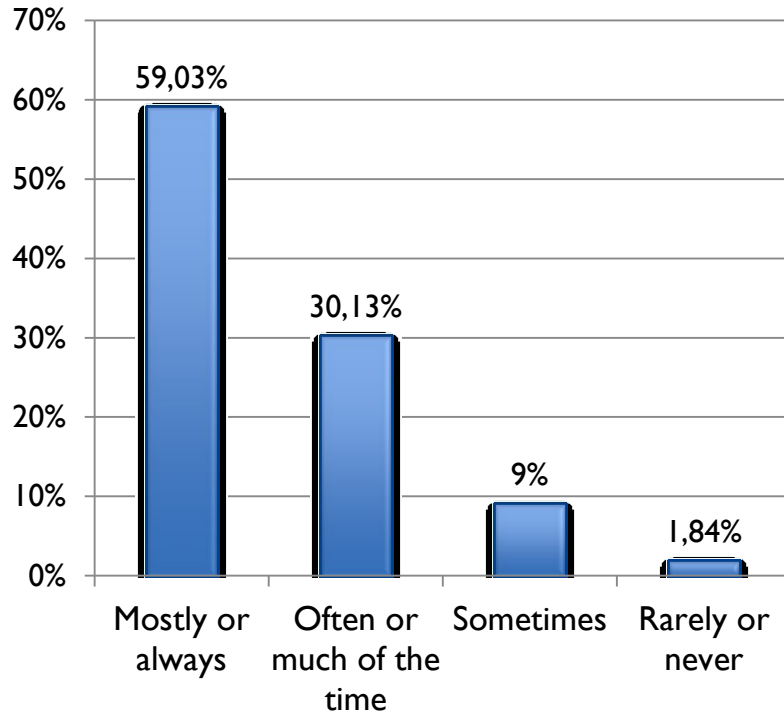


I have people around me with whom I can talk about my inner feelings and personal things

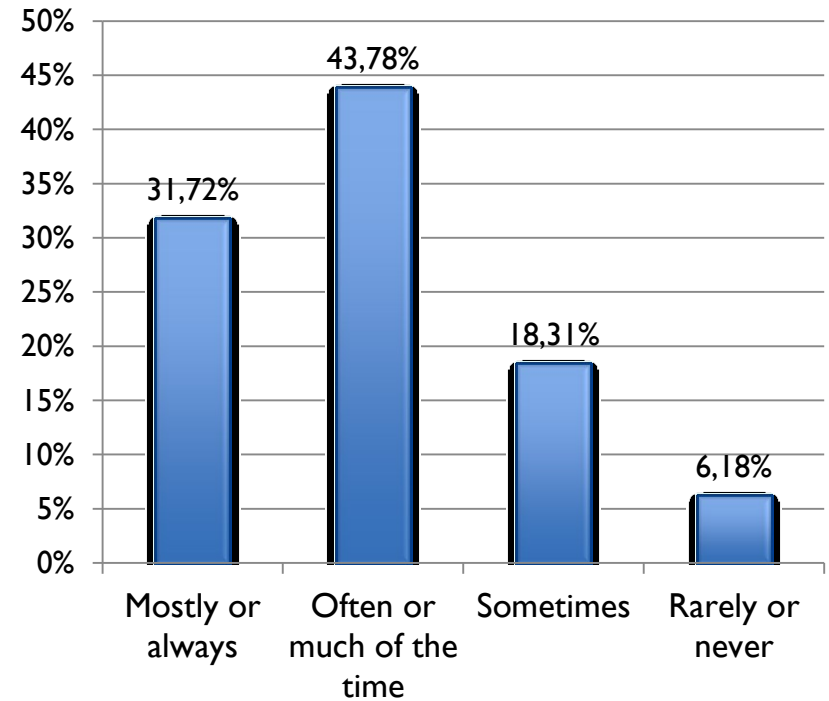


"It feels like I've got friends, but no one I really can talk to."

I enjoy my life



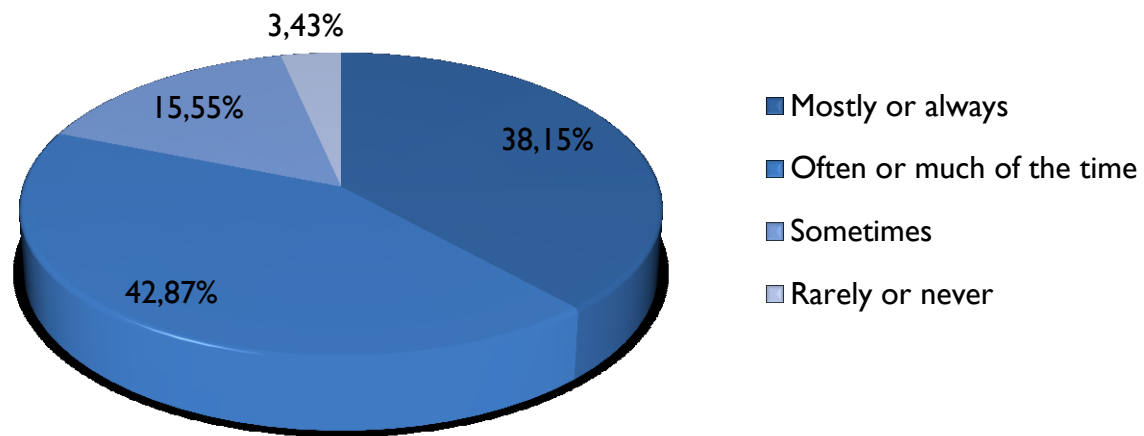
I feel that I have time for all that I should in my everyday life



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I feel hopeful for the future





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